

*Welcome on behalf of Minnesota Valley Surgery Center! We are excited that you and your physician have chosen us for your care. As you prepare for your procedure you may have a lot of questions. We have created this information to help answer any questions you or your support person may have, please let us know what we can do to make your experience as comfortable as possible.*

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**Minnesota Valley Surgery Center is a separate entity from Twin Cities Orthopedics, Midwest Podiatry, and Lakeville Foot and Ankle Clinic.**

Your health history is NOT shared between our facilities. Therefore, it is REQUIRED that you complete your patient profile on One Medical Passport. If you are a new patient, please go to [www.onemedicalpassport.com](http://www.onemedicalpassport.com) and click Register to complete. If you are a returning patient, please use your log-in and update your health history. If you need assistance, please call 952-232-1117 and leave a message with your name and date of procedure.

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Once you are scheduled, you will receive a Welcome text from Minnesota Valley Surgery Center. **Two days** before your procedure, we will **communicate your arrival time via text.** If you opt out of text messages, we will call you with the information. A voice message will be left if our call is unanswered.

Unless indicated otherwise by your surgeon's office, **you will need a pre-operative history and physical within 30 days or less of your surgery.** Your procedure will be cancelled if it is not completed and received within this timeframe. Please schedule this as soon as possible. Your health care provider should **FAX** the results to 612-416-1649.

**MVSC PRESURGICAL INSTRUCTIONS:**

- Do not eat or drink **anything** after **midnight**, except water, which you may drink up to 4 hours before your procedure.
- IF YOU ARE ON A GLP-1 MEDICATION (OZEMPIC, MOUNJARO ETC.): Follow the instructions provided by your primary care doctor and start a clear liquid diet 24 hours prior to your procedure and stop 4 hours before your scheduled procedure time.
- You will need an adult to drive you home and stay with you for 24 hours after surgery.
- Bring a picture ID and insurance card with a form of payment.
- Wear comfortable clothing and leave your valuables at home, including jewelry.
- If you need to cancel your procedure please contact your surgeon's office.

**\*\* OUR MAIN COMMUNICATION FORMAT IS TEXTING. IF YOU HAVE QUESTIONS OR CONCERNS, PLEASE CONTACT OUR PRE-ADMISSION NURSES AT 952-232-1117 OR FOR TOTAL JOINTS 952-232-1136 \*\***